



**LOUISVILLE RECOVERY
COMMUNITY CONNECTION**

620 POST

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TWO NEW MEETINGS



Sex & Love Addicts Anonymous

We're building up momentum after re-opening in the midst of the COVID-19 pandemic, and while that means that preexisting meetings are resuming, it also means we've got some new ones in store! Thanks to our enthusiastic members – like YOU – we've added yet another two new mutual aid meetings to bolster your personal program of choice and help facilitate the community you wish to create in your life.

SLAA Newcomers Meeting
Weekly on Mondays @ 7pm
LRCC Board Room

Designed as a 12-step program and fellowship for anyone with a desire to stop living out a pattern of sex and love addiction, Louisville's first Sex & Love Addicts Anonymous meeting has come to the LRCC! [This meeting is designed to be a safe place for sharing and caring, open to members of any gender or sexual orientation].

Racists Anonymous

The goal of RA is to end racism, one person at a time – beginning with ourselves. While the existence of Racism is certainly not the same as living with addiction – scientifically speaking –prejudice and discrimination are reinforced through cultural norms on both the individual and systemic level. “In that sense, none of us can escape the continued impact of Racism any more than a fish in the ocean can escape getting wet.”

Weekly on Wednesdays @ 7:55am
Zoom attendance only
Meeting ID: 620 808 8937
Passcode: 1960

“RA's approach to confronting Racism is centered in a community conversation and focused on personal change. Learning from one another assessing our own behavior, we become intensely mindful about the ways we perpetuate racism or bigotry in any form.





LEAP OF FAITH AWARD: VICTOR FEBRES



Above: Victor, late 2019
Below: Leap of Faith Award; sculpture made by local artist Forest Boone



Late in 2019, the LRCC team set an intention to establish a yearly tradition of honoring an individual with what has been since deemed the *Leap of Faith Award*. The aim with such an award would be to highlight someone who has shown audacity, vulnerability, courage in forging their own path, and enough faith to step into the unknown.

While we are continually in awe of the transformation we get to bear witness to in all of our members, we have known we have known, for some time now, that the inaugural recipient of this award could only be Victor Febres. Mr. Febres first came into the LRCC as winter temperatures were dropping dangerously low for those experiencing homelessness in Louisville. He spent time with us almost every single day to talk and to sip warm coffee. After some time, we began to notice that Victor had been stepping in to assist other LRCC members as they navigated circumstances similar to his own; it has always been clear that he does these things from his heart - a heart that loves harder and deeper and more authentically than anyone we have ever encountered.

Victor has a unique ability to create and sustain a sense of family everywhere he goes; there are simply not enough words to fully articulate our gratitude in knowing him, our excitement for his continuing journey, and the collective impact he has had in each of our lives. In his own words, he knows what it's like to "be [in recovery] and then lose everything and just want to die because [you] feel like a disappointment to God and to everybody else." He makes it a point to be open about his journey and "just [wants] people to know, with severe trauma, who are dually diagnosed," that they, too, can experience all the blessings that life has to offer.

[Victor now lives just outside of Louisville and has almost one full year of continuous abstinence-based recovery. He continues to show up a leader in the recovery community and is working toward his Associate's Degree].



Header: photo taken at Victor's request, of the area where he used to sleep
Top right: Leap of Faith Award
Bottom right: Victor Febres
[all photos and stories shared with permission]



BLESS THE BLOCK



"When we exercise #communitypower, the weight is light, but the impact is heavy."

PANDEMIC SUPPORT
ETHICAL COMMUNITY ENGAGEMENT
CORPORATE SOCIAL RESPONSIBILITY
SOCIAL MEDIA ENGAGEMENT & BRAND RESONANCE



Change Today, Change Tomorrow is always constantly doing work to create lasting transformation in our city, and their holiday giving campaign *Bless the Block* is no exception. Community members, businesses, and philanthropists alike can sponsor this initiative by participating in CTCT's *Adopt-A-Block* program: "You pick a block to adopt for the holiday season and your contribution covers wish list items for the families on that block; we package everything up and deliver to their front door."

The holidays can already be a difficult time financially, and the COVID-19 pandemic has exacerbated this reality for many of Louisville's most sensitive neighborhoods. Through donation commitments, *Adopt-A-Block* will enable **15,000 families** in Louisville's West End to be provided with toys, clothing, and food.

A true embodiment of the best of things about the holiday spirit, this campaign will make that spirit a reality, not only for the community members receiving gifts, but for those who choose to share the bounty as well. For more information about how to get involved, be sure to check out *Change Today, Change Tomorrow's* webpage about this incredible initiative:

<https://change-today.org/bless-the-block/>

